

Why Do I Feel This Way? Anxiety, Depression and the Christian Life

Leader's Guide and Student Questions



Discussion material for high school youth groups
written from a reformed perspective



reformed youth services

Committed to the Spiritual and Social Nurturing of our Covenant Youth



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6442 36th Avenue
Hudsonville, MI 49426
Ph 616-667-0694

Email reformedyouth96@gmail.com
www.reformedyouthservices.org